



# Make it a joyful and safe holiday for you and your family.

COVID-19 risk assessment during holiday gatherings.

The holidays bring opportunities to celebrate special traditions and meaningful moments with the people in our lives. When getting ready to celebrate, it is important to assess the risk of any gatherings to help slow the spread of COVID-19.

The factors below create various levels of risk. It is important to consider them individually and together when making your plans this holiday season:

**Community transmission levels** — Consider the level of community spread in the location of the celebration and assess the risk of hosting or attending a holiday gathering.



## Setting of the gathering

Indoor gatherings with poor ventilation pose a greater risk than those with good ventilation, such as those with open windows or doors. If weather permits, consider hosting your holiday gathering outdoors.



## Duration of the gathering

Gatherings that last longer pose a greater risk of exposure than shorter gatherings.



## Number of people at the gathering

Larger gatherings pose a greater risk of infection and spread among attendees than gatherings with fewer people. The size of a holiday gathering should be determined based on the ability to reduce or limit contact between attendees and maintain physical distancing of at least 6ft between household groups.



## Behaviors prior to the gathering

Gatherings with attendees who do not adhere to COVID-19 prevention measures such as physical distancing (staying at least 6 feet apart), mask-wearing, and hand washing pose a greater risk than gatherings with attendees who are actively engaging in these preventative behaviors.



## Behaviors during the gathering

Gatherings with more preventive measures in place, such as mask-wearing, physical distancing, and hand washing, pose less risk than gatherings where fewer or no preventive measures are being implemented.



For more information, visit [azhealth.gov/WinterHolidays](https://azhealth.gov/WinterHolidays)



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